



LENT 2024 GUIDE



THE ROAD TO THE RESURRECTION

WHAT IS LENT?

This year Lent begins on Ash Wednesday, February 14th and concludes on Holy Saturday, March 30th. Lent is 40 days long, not including Sundays.

Significant Days

- Ash Wednesday (February 14th)
- Palm Sunday (March 24th),
- Holy Week (March 24th-March 30th),
- Maundy Thursday (March 28th),
- Good Friday (March 29th),
- Holy Saturday (March 30th),
- Easter Sunday (March 31st)

WHAT IS THE MEANING OF LENT?

Lent invites us to make our hearts ready for remembering Jesus' passion and celebrating Jesus' resurrection. Although a solemn time, it is also a hopeful, expectant time of prayer and fasting before acknowledging/celebrating Jesus' death and then His subsequent defeat of sin and the grave on Easter.

This is a period of time where we can strive to abandon idolatry (which is putting anything in our lives above God) as well as the "self-sufficiency" of our ego, and to acknowledge our need of the Lord and his mercy.

The Lenten season is set aside for self-examination, spiritual renewal, and growth.

F.A.S.T.

- **FORGO** an item or habit, sacrificially, that is part of your normal routine. (Ex. Fried foods, alcoholic beverages, social media, etc.)
- **ADOPT** a new spiritual discipline that will enhance your quality of life. (Ex. Therapy, meditation, exercise, solitude, etc.)
- **STRENGTHEN** your devotional life by setting aside at least 30 minutes per day for prayer and reflection.
- **TREASURE** sharing is a critical theme in the Lenten season. Be disciplined in your spending, save, and set aside a sacrificial offering above and beyond your normal giving and give it on Easter Sunday.

CORPORATE PRAYER SCHEDULE

Times/Conference Call Schedule

- Every Wednesday at 8 AM
- Every day of Holy Week
- Sunday March 24th at 8 pm
- Monday, March 25th -Saturday, March 30th at 8 am

Conference Call Information

Dial (267) 807-9598 Enter Access Code: 481-771-646

To listen to the recording Dial (267)807-9599 Access Code: 481-771-646

ADDITIONAL OBSERVATIONS

Please Note that during the Lenten Season we will be abstaining from meat on Ash Wednesday and every Friday of Lent. Fish is allowed during this time!

LENT BIBLE READING PLAN

(40 DAYS not counting Saturdays)

This Lent reading plan walks through each of the four Gospels during the Lent season. What better way to prepare for Easter than to read the complete story of Jesus' birth, life, death and resurrection?

- ☐ DAY 1 MATTHEW 1-3
- ☐ DAY 2 MATTHEW 4-6
- ☐ DAY 3 MATTHEW 7-9
- ☐ DAY 4 MATTHEW 10-MATTHEW 12
- ☐ DAY 5 TAKE A BREAK
- ☐ DAY 6 MATTHEW 13-MATTHEW 14
- ☐ DAY 7 MATTHEW 15-MATTHEW 16
- ☐ DAY 8 MATTHEW 17-MATTHEW 18
- ☐ DAY 9 MATTHEW 19-MATTHEW 20
- ☐ DAY 10 MATTHEW 21-MATTHEW 22
- ☐ DAY 11 MATTHEW 23-MATTHEW 24
- ☐ DAY 12 TAKE A BREAK

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- ☐ DAY 41 JOHN 13-JOHN 14
- ☐ DAY 42 JOHN 15-JOHN 16
- ☐ DAY 43 JOHN 17-JOHN 18
- ☐ DAY 44 JOHN 19-JOHN 20
- ☐ DAY 45 JOHN 21
- ☐ DAY 46 1 CORINTHIANS 15
- ☐ DAY 47 IT'S EASTER!

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- ☐ DAY 13 MATTHEW 25-MATTHEW 26
- ☐ DAY 14 MATTHEW 27-MATTHEW 28
- ☐ DAY 15 MARK 1-MARK 3
- ☐ DAY 16 MARK 4-MARK 6
- ☐ DAY 17 MARK 7-MARK 9
- ☐ DAY 18 MARK 10-MARK 12
- ☐ DAY 19 TAKE A BREAK
- ☐ DAY 20 MARK 13-MARK 14
- ☐ DAY 21 MARK 15-MARK 16
- ☐ DAY 22 LUKE 1-LUKE 3
- ☐ DAY 23 LUKE 4-LUKE 6
- ☐ DAY 24 LUKE 7-LUKE 9
- ☐ DAY 25 LUKE 10-LUKE 12
- ☐ DAY 26 TAKE A BREAK

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- ☐ DAY 27 LUKE 13-LUKE 14
- ☐ DAY 28 LUKE 15-LUKE 16
- ☐ DAY 29 LUKE 17-LUKE 18
- ☐ DAY 30 LUKE 19-LUKE 20
- ☐ DAY 31 LUKE 21-LUKE 22
- ☐ DAY 32 LUKE 23-LUKE 24
- ☐ DAY 33 TAKE A BREAK
- ☐ DAY 34 JOHN 1-JOHN 2
- ☐ DAY 35 JOHN 3-JOHN 4
- ☐ DAY 36 JOHN 5-JOHN 6
- ☐ DAY 37 JOHN 7-JOHN 8
- ☐ DAY 38 JOHN 9-JOHN 10
- ☐ DAY 39 JOHN 11-JOHN 12
- ☐ DAY 40 TAKE A BREAK

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